

MyMindaCare Privacy Policy

We collect the following types of personal information from you:

Information you provide:

When you register for MyMindaCare, we ask you to provide your email address, education, and status. We also collect information about your mood when you use the app.

PHQ survey:

We also offer a survey on The Patient Health Questionnaire (PHQ) that collects information about your mental health.

App activity:

We collect information about your activity within the app, such as the videos you watch, the chatbot conversations you have, and any rewards you earn.

We use your personal information for the following purposes:

- To provide you with the services offered by MyMindaCare.
- To improve the quality of our services and develop new ones.
- To personalize your experience within the app.
- To communicate with you about your account and provide customer support.
- To analyze app usage trends and improve the app.

We may share your personal information with third parties in the following circumstances:

- With service providers who help us operate the app, such as hosting providers, customer support providers, and payment processors.
- With third-party analytics providers who help us analyze app usage trends and improve the app.
- With law enforcement or other government agencies if required by law or in response to a subpoena or court order.
- With your consent.

Security:

We take reasonable measures to protect your personal information from unauthorized access, use, or disclosure. However, no data transmission over the internet or storage system can be guaranteed to be 100% secure. We cannot guarantee the security of any information you transmit to us or that we store on our systems.

Your rights:

You have the right to access and correct your personal information that we hold. You can also delete your personal information from our systems.

Changes to this policy:

We may update this privacy policy from time to time. If we make significant changes, we will notify you by email or by posting a notice in the app. Your continued use of the app after any changes to this policy will constitute your acceptance of such changes.